

Class Timetable

DAY	TIME	LEVEL
Monday	1.00pm - 2.15pm	'Postnatal Yoga' (with babies)
Monday	6.00pm - 7.30pm	Intermediate
Monday	7.45pm - 9.15pm	Beginners
Tuesday	7.00pm - 8.30pm	Intermediate [*]
Tuesday	6.00pm – 7.30pm	Pregnancy ^{**}
Tuesday	7.45pm – 9.15pm	Pregnancy ^{**}
Wednesday	6.00pm - 7.30pm	Beginners
Wednesday	7.45pm - 9.15pm	Intermediate
Thursday	6.00pm - 7.30pm	Intermediate
Thursday	7.45pm - 9.30pm	Pregnancy

If you are unable to attend your regular class you are welcome to attend any other class (of the same level) that week.

You can make up any missed classes by attending more than once in any week.

Venue Information

All classes are held at Ebenezer Hall in Walkley, Sheffield S6 3TP

EXCEPT:

^{*} Venue: Westways Primary School, Crookes, Sheffield S10 1LA

^{**} Venue: Broomhill Methodist Church, Fulwood Road, Sheffield. S10 3BD